



School District No. 73 (Kamloops/Thompson)

# Parkcrest Elementary School

2170 Parkcrest Ave., Kamloops, BC V2B 4Y1

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Dear Parkcrest Parents,

Track and Field Season is upon us. Our school Track and Field events are taking place the weeks of April 30 - May 4 & May 7 - 121, 2018. The order of Events are as follow:

- 1000m, 1200m Races - Friday May 4, 2018
- 600m, 800m Race - Friday May 4, 2018
- School Track and Field Day - Monday May 7, 2018 (*See Schedule of Events Below*)

Please note that there are some big changes to the running distances this year which fall in line with BC Track and Field. The new distances are as follows:

### Track Distances:

<b>TYKES</b>	60 m	100 m	300 m	600 m	1000 m	4 x 100 m
<b>PW 1</b>	60 m	100 m	300 m	600 m	1000 m	4 x 100 m
<b>PW 2</b>	80 m	100 m	300 m	800 m	1200 m	4 x 100 m
<b>Bantam 1</b>	100m	200m	300m	800 m	1200 m	4 x 100 m

**\*\*Note: Bantam is for those students who are currently in Grade 6 but are Grade 7 aged.\*\***

### Field Events:

High Jump      Long Jump      Triple Jump      Shot Put

On Track and Field Day, please ensure that your child comes to school with the proper athletic wear, including running shoes that can be tightened properly. Sunscreen, hats and or long sleeved sweatshirts may be necessary depending upon the weather. A concession will be available for students to purchase food should they choose to do so.

