



School District No. 73 (Kamloops/Thompson)

# Parkcrest Elementary School

2170 Parkcrest Ave., Kamloops, BC V2B 4Y1

Ph: (250) 554-2368 · Fax: (250) 377-2224

Friday, April 8, 2022

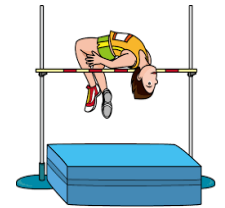
**RE: Upcoming Track & Field Dates**

Dear Parents and students,

We are excited that we can hold a school Track and Field Meet for our Grade 4-6 students this year! The Parkcrest Intermediate Track and Field Meet will be held on **Wednesday, May 11** beginning at 8:50 AM. All events should end by 2:41 PM. The events will take place on the outside fields at Parkcrest.

Just a few reminders regarding our Parkcrest Track and Field Meet:

- All students in Grades 4-6 are expected to attend; they will be asked to participate in four events and will have some choice in which events they participate in
- Eat a **healthy breakfast** so that you will have the fuel and energy needed to compete effectively.
- Students, please wear athletic clothing and running shoes to school for the track meet
- Bring lots of water to drink
- Be prepared in case the weather does not cooperate with sweaters, etc. - we will be outside rain or shine
- Please have sunscreen and a hat for protection
- Please go to your classroom when you arrive for **attendance** and to receive your **event stickers**. These are to be worn on your shirt and given to the person officiating the event. If you are missing an event sticker, please go to the score table on the field to receive a sticker from the scorekeepers.
- Ribbons will be awarded for 1st-6th placements in each event. For some events, we can send 2 students on to Zones while for other events we are able to send 3 students on to Zones.
- Lunch: bring a bagged lunch from home or money for the concession. More information about the concession will be shared with parents prior to the Parkcrest's Track and Field Meet.



Parents and spectators are invited to come out and cheer on your child(ren) during this fun day. We are encouraging students to focus on their own personal best and trying to improve each time, rather than being the best at each event.



**Parent Volunteers are needed and appreciated**

In order to hold a successful school Track and Field Meet, many volunteers are needed and appreciated. If you are able to help out for the full or partial day on Wednesday, May 11, please email Mrs. Leggett at [jleggett@sd73.bc.ca](mailto:jleggett@sd73.bc.ca) We are looking for approximately 20 volunteers to assist with the various events. Even if you can only come for a portion of the day, we would appreciate your help. If you are able to help out on our practice afternoons, please let Mrs. Leggett know as well. Our PAC may also be looking for volunteers to assist with the concession stand. Thank you in advance for any help you can offer.

Please make note of the following dates regarding our very busy Track and Field Season.

**Wednesday April 13** - Intermediate Field Events Practice Rotations (1:00-2:20) @ Parkcrest

**Thursday April 14** - Intermediate Field Events Practice Rotations (1:00-2:20) @ Parkcrest

**Thursday April 21** - Intermediate Field Events Practice Rotations (1:00-2:20) @ Parkcrest

**Wednesday April 27** - Intermediate Field Events Practice Rotations (1:00-2:20) @ Parkcrest

**Tuesday, April 19** - 1000/1200m for all who are interested/eligible (8:45) @ Parkcrest

**Tuesday, April 26** - 600/800m for all who are interested/eligible (1:00) @ Parkcrest

**Thursday, April 28** - Parloffs @ TCC (8:45-12:00) for those students who qualify (permission slips will be sent home)

**Wednesday, May 4** - Parloffs @ Dallas Elementary (3:00-5:00) for those students who qualify (permission slips will be sent home)

**Wednesday, May 4** - Kamloops Track and Field Club @ Parkcrest to lead some field events (10:30-12:00 and 1:00-2:30)

**Wednesday, May 11**- Parkcrest School Track & Field Meet

**Tuesday, May 24** - Zone 3 Track Meet (@ TCC) for those students who qualify (permission slips will be sent home)

\*Zone 3 1000m/1200m races - date and location TBD for those students who qualify (permission slips will be sent home)

**Tuesday May 31** - District 1000m/1200m races (@ TCC) for those students who qualify (permission slips will be sent home)

**Friday, June 3** - District Track Meet (@ TCC) for those students who qualify (permission slips will be sent home)

<b><u>Age Groups</u></b>			
Tykes born in or after 2012	PW 1 born in 2011	PW 2 born in 2010	Bantam 1 born in 2009

